

3月の献立表

Table with 7 columns: 日/曜, 献立名, 材料名(昼食・3時おやつ), 10時おやつ, 栄養価. Rows include items like 御飯, 鮭の塩焼き, 五色野菜煮, etc.

Table with 7 columns: 日/曜, 献立名, 材料名(昼食・3時おやつ), 10時おやつ, 栄養価. Rows include items like じゃじゃ麺, 筑前煮, 中華スープ, etc.

Food waste reduction notice: 食品ロスを減らしましょう. Includes text about food waste and illustrations of children.